

# Skewers Allergen Menu

**\*ALL ALLERGENS ARE LISTED IF ORDERED AS IS. WE CAN ACCOMMODATE ALMOST ANY DIETARY NEED IF REQUESTED.**

SAUCES	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
TZATZIKI	YES	NO	YES	NO	YES
TIROKAFTERI (SPICY FETA)	YES	NO	YES	NO	YES
HUMMUS	YES	YES	YES	YES	YES
SKEWERS	YES	YES	YES	NO	YES
TERIYAKI	NO	YES	YES	YES	YES
BBQ	YES	YES	YES	YES	YES
ORANGE GINGER	NO	YES	YES	YES	YES
SWEET & SPICY CHILI	YES	YES	YES	YES	YES

PROTEINS	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
CHICKEN	YES	YES	NO	NO	YES
STEAK	YES	YES	NO	NO	YES
PORK	YES	YES	NO	YES	YES
LAMB	YES	YES	NO	NO	YES
TRADITIONAL GYRO	NO	YES	NO	NO	YES
SHRIMP	YES	YES	NO	NO	YES
SALMON	YES	YES	NO	NO	YES
SWORDFISH	YES	YES	NO	NO	YES
TOFU	YES	YES	YES	YES	YES
FALAFEL	YES	YES	YES	YES	YES
PULLED PORK	YES	YES	NO	NO	YES
PULLED CHICKEN	YES	YES	NO	NO	YES
ST. LOUIS RIBS	YES	YES	NO	NO	YES
HAMBURGER	YES	YES	NO	NO	YES

SIDES	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
RICE PILAF	NO	NO	NO	NO	YES
SEASONED FRIES	YES	YES	NO	NO	YES
GREEK FRIES	YES	NO	NO	NO	YES
GRILLED VEGGIES	YES	YES	YES	YES	YES
SPANAKORIZO (SPINACH RICE)	YES	YES	YES	YES	YES
MASHED POTATOES	YES	NO	YES	NO	YES
COLESLAW	YES	YES	YES	NO	YES
CORNBREAD	NO	NO	YES	NO	YES
PITA BREAD	NO	YES	YES	YES	YES
SEASONED PITA CHIPS	NO	YES	YES	YES	YES
ROASTED POTATOES	YES	YES	YES	YES	YES
STEAMED VEGGIES	YES	NO	YES	NO	YES
GREEK STYLE GREEN BEANS	YES	YES	YES	YES	YES
MEDITERRANEAN PASTA SALA	NO	NO	YES	NO	YES
RED BLISS POTATO SALAD	YES	YES	YES	NO	YES

SALADS	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
GARDEN SALAD	YES	YES	YES	YES	YES
GREEK SALAD	YES	NO	YES	NO	YES
CAESAR SALAD	YES	NO	YES	NO	YES
MEDITERRANEAN SALAD	YES	NO	YES	NO	YES
HORIATIKI SALAD	YES	NO	YES	NO	YES

RICE BOWLS	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
CHICKEN	NO	NO	NO	NO	YES

TRADITIONAL	NO	NO	NO	NO	YES
FALAFEL	NO	NO	YES	NO	YES
TERIYAKI SALMON	NO	NO	NO	NO	YES
SWEET & SPICY SHRIMP	NO	NO	NO	NO	YES
ORANGE GINGER TOFU	NO	NO	YES	YES	YES

SOUPS	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
AVGOLEMONO	NO	NO	NO	NO	YES
LENTIL	YES	YES	YES	YES	YES
CHILI	YES	YES	NO	NO	YES
CLAM CHOWDER	NO	NO	NO	NO	YES

DESSERTS	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
CHOCOLATE CHIP COOKIES	NO	NO	YES	NO	YES
BROWNIES	NO	NO	YES	NO	YES
BAKLAVA	NO	NO	YES	NO	NO

APPETIZERS	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
SPANAKOPITA	NO	NO	YES	NO	YES
TIROPITA	NO	NO	YES	NO	YES
STUFFED GRAPE LEAVES	YES	YES	YES	YES	YES
FALAFEL FRITTERS	YES	YES	YES	YES	YES

GREEK SPECIALTIES	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	NUT FREE
PASTITSIO	NO	NO	NO	NO	YES

VEGETARIAN PASTITSIO	NO	NO	YES	NO	YES
VEGETARIAN LASAGNA	NO	NO	YES	NO	YES
MOUSAKA	NO	NO	NO	NO	YES
VEGETARIAN MOUSAKA	NO	NO	YES	NO	YES
STUFFED PEPPERS	YES	YES	NO	NO	YES
STUFFED TOMATOES	YES	YES	NO	NO	YES
VEGETARIAN STUFFED PEPPER	YES	NO	YES	NO	YES
VEGETARIAN STUFFED TOMAT	YES	NO	YES	NO	YES
SPETSOFAI OVER RICE PILAF	NO	NO	NO	NO	YES
BAKED LAMB OVER RICE PILAF	NO	NO	NO	NO	YES